

## TLM 201: Vestments

### **Cassock & Surplice (6th Century)**

'Casaque' means 'long coat' and 'Superpellicium' means 'overgarment'

### **Amice (Apostolic; 9th Century)**

'Amictus' means 'covering'

Prayer: *Lord, set the helmet of salvation on my head to fend off all the assaults of the devil.*

History: commonly used as an apron or head/shoulder covering

Devotion/Doctrine: restraint of speech, protection from the evil spirits, evil seeks to have us lose grace, need protection

### **Alb (Apostolic; 9th Century)**

'Albus' means 'white'

Prayer: *Make me white, O Lord, and cleanse my heart; that being made white in the Blood of the Lamb I may deserve an eternal reward.*

History: common garment of celebration and honor

Devotion/Doctrine: holiness required of ministers, baptismal purity, heavenly joy

### **Cincture (Apostolic; 9th Century)**

'Cingulum' means 'girdle'

Prayer: *Gird me, O Lord, with the cincture of purity, and quench in my heart the fire of concupiscence, that the virtue of continence and chastity may abide in me.*

History: common belt to hold together the ample cloth worn, particularly for work or battle

Devotion/Doctrine: chastity, closeness of us to God (Jer 13:10-11), warning against complacency

### **Maniple (Apostolic; 6th Century)**

'Manipulum' means 'folded handkerchief'

Prayer: *May I deserve, O Lord, to bear the maniple of weeping and sorrow in order that I may joyfully reap the reward of my labors.*

History: common cloth often tied on the arm to wipe one's face during work

Devotion/Doctrine: labor of the Christian life, fruits from labors`

### **Stole (5th Century)**

'Stolam' means 'long cloth'

Prayer: *Lord, restore the stole of immortality, which I lost through the collusion of our first parents, and, unworthy as I am to approach Thy sacred mysteries, may I yet gain eternal joy.*

History: became a badge of honor for clergy, perhaps with secular ties

Devotion/Doctrine: obedience, conversion of heart, love of the Cross, deference to hierarchy

### **Chasuble (Apostolic)**

'Casula' means 'little house'

Prayer: *O Lord, who has said, "My yoke is sweet and My burden light," grant that I may so carry it as to merit Thy grace.*

History: a commonly worn coverall to protect in the elements, covering the head and flowing to the feet

Devotion/Doctrine:

### **Biretta (10th Century)**

'Birrus' means 'hood'

History: uncertain, possible linked to academic garb

Devotion/Doctrine: humility, Christ as intermedator

**Colors: Red, White (Gold, Silver), Black, Green, Violet (Rose)**